

**Life Notes**  
**February 14, 2010**  
**Full Speed Ahead!**

**1 Peter 3:8(NIV)**

*"Finally, all of you, live in harmony with one another; be sympathetic, love as brothers, be compassionate and humble."*

NEED HARMONY

**1. When she is sharing an emotional problem, her feeling and her desire to be heard are much more important than the problem itself.**

She doesn't want you to \_\_\_\_\_ !

**Give her your full physical and mental attention.  
Listen for the right thing....how she feels about the problem.**

Acknowledge and affirm her feelings about the problem.  
Hug her!

**2. Your love is NOT enough. Your Respect Means More to him than Even your Affection**

*Men:*

74% Alone & Unloved

26% Inadequate and Disrespected

*Ephesians 6:33"...Let the wife see to it that she respects her husband."*

Be his \_\_\_\_\_.

*Proverbs 31:10-12*

*"An excellent wife, who can find? For her worth is far above jewels. The heart of her husband trusts in her, and he will have no lack of gain. She does him good and not evil all the days of her life."*

Look for the good in your man!

Respect his judgment & leadership.

*Ephesians 5:23*

*"For the husband is the head of the wife, as Christ is also the head of the church, He Himself being the Savior of the body."*

Be his friend & lover, not his mother!

If you want to love your man in the way he needs to be loved, you need to ensure that he feels your respect most of all.

**3. What the little girl inside your woman is dying to hear from you...and how to guard your answer.**

Not just am I beautiful...but am I beautiful to you!

In her mind there is only one mirror! And that mirror is you!

Erase the answer "fine" from your response options.

In my hand I carry a hammer!

If any woman is going to get her feelings hurt, it's not going to be mine!

**4. Your Respect must be Unconditional. Your acceptance should not be based upon his performance, but on his worth as God's gift to you.**

*1 Peter 3:1-2*

*"Wives, in the same way be submissive to your husbands so that, if any of them do not believe the word, they may be won over without words by the behavior of their wives, when they see the **purity** and **reverence** of your lives."*

*Hosea 3:1*

*"The Lord said to me, 'Go, show your love to your wife again, though she is loved by another and is an adulteress.'"*

How do you win a man?

Your goal is to effectively influence his heart thru \_\_\_\_\_  
\_\_\_\_\_ so he will reopen himself to you.

**5. What the woman who loves you most wants you to know.**

They feel it but don't know how to show it!

**6. What is the one thing I wish my wife knew?**

But the #1 response:

There's nothing I can't tell her. **I want her to know how much I love her.**